

# HNHB Regional Aphasia Programs

[www.aphasiaonwest.ca](http://www.aphasiaonwest.ca)

## Program and Referral Information

Our **Aphasia Programs** are intended to meet the need for **conversation, social interaction, information, and support** for **adults with Aphasia** and for their **families**. Our Supported Conversation Groups also offer the opportunity to **strengthen communication skills**. Groups are **NOT** a **replacement** for **individual speech therapy** but a **complement**. The **goal** of the Aphasia Program is for group members to **participate actively in conversation** using a variety of communication strategies. **Speech-Language Pathologists, Social Workers, Communicative Disorders Assistants, and trained volunteers** are involved with the Aphasia Programs to help make communication easier.

### A typical session may include:

- Discussing current events and expressing opinions
- Sharing life stories and events
- Activities that focus on **conversation skills** using a variety of modes including speech, gestures, facial expression, writing, drawing and reading, to **more effectively express and understand messages in conversation**
- Supporting one another to **develop skill and confidence** in communicating

\*Please note there may be **individual differences** between programs.



Adult Recreation  
Therapy Centre  
APHASIA PROGRAM  
Brant, Haldimand, Norfolk

Tel: 519-753-1882 ext. 104

Fax: 519-753-0034

[www.artc.ca](http://www.artc.ca)



Halton-Peel Community  
APHASIA PROGRAMS

Halton-Peel Community  
APHASIA PROGRAM  
Burlington

Tel: 905-875-8474

Fax: 365-601-1690

[www.h-pcap.com](http://www.h-pcap.com)



Niagara  
APHASIA PROGRAM

Tel: 905-984-2621  
Toll free: 1-877-212-3922

Fax: 905-984-6409

[www.hnhbhealthline.ca](http://www.hnhbhealthline.ca)



S.A.M.  
APHASIA PROGRAM Hamilton and  
Surrounding Area

Tel: 905-525-5632

Fax: 905-525-4149

[www.goodshepherdcentres.ca](http://www.goodshepherdcentres.ca)

Some **groups** are being **held virtually**. Please contact your local Aphasia Program.

**Virtual groups** are held **online** via **computer** or **phone**. Groups **do not** meet in person at a physical location; they are connected through technology.

### **Eligibility Criteria for Virtual Groups:**

- Varied severities/types of **Aphasia** due to stroke or injury to the brain e.g., Acquired Brain Injury (ABI), Primary Progressive Aphasia (PPA), tumor
- Individuals must be medically stable and living in the community.
- Willingness to participate in Supportive Conversation Groups to improve communication
- Demonstrate **appropriate behavior** in a social group setting for the duration of the program
- **No/minimal cognitive difficulties**
- Access to communication technology (i.e., computer, tablet, or smartphone) and **internet connection**
- Ability to use device and virtual group platform (e.g., Zoom) OR, if needed, access to a **support person** to assist with use of technology (Note: some remote support can be provided by program staff)

If you have any **questions** about the referral process, criteria for admission or the program, please contact the Aphasia Program in your area.